

**WEEK  
3**

W/C: 14/11 05/12 16/01 06/02 27/02 20/03

**HOT SPECIALS...**

**DAILY FAVES...**

**PICK A PUD!**

**MONDAY**

**Pesto Pasta Bake** ♻️  
Served with Two Vegetables

**Cheese and Tomato  
Pizza** ♻️ 🌱  
Served with Potato Wedges

**Jacket Potatoes** ♻️ ♻️  
with a choice of hot and cold fillings  
**Tomato Pasta** ♻️ ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Strawberry  
Ice Cream**

**TUESDAY**

**Sweet and Sour  
Chicken** 🌱  
Served with Wholegrain Rice

**West African  
Vegetable Rice** ♻️ 🌱  
Served with Two Vegetables

**Jacket Potatoes** ♻️ ♻️  
with a choice of hot and cold fillings  
**Tomato Pasta** ♻️ ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Fruity  
Flapjack Bar** 🌱

**WEDNESDAY**

**Roast Pork**  
Served with Roast Potatoes, Two Vegetables and Gravy

**Vegetable Pastry Roll** ♻️  
Served with Roast Potatoes, Two Vegetables and Gravy

**Jacket Potatoes** ♻️ ♻️  
with a choice of hot and cold fillings  
**Tomato Pasta** ♻️ ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Fruit Jelly  
and Custard** 🌱

**THURSDAY**

**Cottage Pie** ♻️  
Served with Two Vegetables

**Vegetarian Cottage  
Pie** ♻️ ♻️  
Served with Two Vegetables and Gravy

**Jacket Potatoes** ♻️ ♻️  
with a choice of hot and cold fillings  
**Tomato Pasta** ♻️ ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Chocolate  
Milkshake  
served with  
Chocolate  
Biscuit**

**FRIDAY**

**Southern Fried Chicken**  
Served with Chips and Two Vegetables

**Vegan Meatballs in  
Tomato Sauce** ♻️ ♻️  
Served with Chips and Two Vegetables

**Jacket Potatoes** ♻️ ♻️  
with a choice of hot and cold fillings  
**Tomato Pasta** ♻️ ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Chocolate  
Slice**

# THREE WEEK MENU

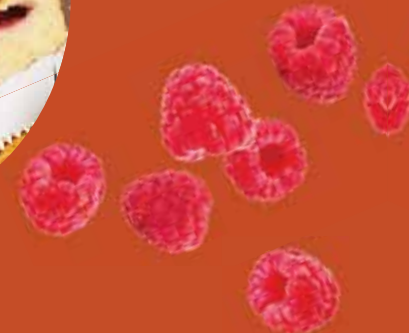
**AUTUMN/WINTER 2022**

**Chartwells**  
So much more than Fantastic Food

**£2.41**

**OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN**

**YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY**



**ALL MAIN MEALS SERVED WITH TWO VEGETABLES**

# WEEK 1

W/C: 31/10 21/11 12/12 02/01 23/01 06/03 27/03

# WEEK 2

W/C: 07/11 28/11 09/01 30/01 20/02 13/03

## HOT SPECIALS...

## DAILY FAVES...

## PICK A PUD!

## HOT SPECIALS...


## DAILY FAVES...

## PICK A PUD!

MONDAY



**Macaroni Cheese**   
Served with Two Vegetables



**Vegetarian Sausage**   
Served with Mashed Potato and Gravy

**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Vanilla Ice Cream**

MONDAY

**Cheese and Tomato Pizza**    
Served with Two Vegetables

**Mixed Bean Pasta**    
Served with Stromboli Pizza Wedge




**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jam Sponge**

TUESDAY

**Chicken Pie**  
Served with Mashed Potato and Gravy

**Cheese and Tomato Pizza**    
Served with Two Vegetables

**Jacket Potatoes**    
with a choice of hot and cold fillings, including Salmon Mayonnaise   
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Hot Chocolate Sponge served with Chocolate Custard**

TUESDAY

**Pork Sausages**  
Served with Mashed Potato, Two Vegetables and Gravy

**Sweet Chilli Vegetable Noodles**     
Served with Two Vegetables

**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Orange Shortbread** 

WEDNESDAY

**Roast Turkey**  
Served with Roast Potatoes, Two Vegetables and Gravy

**Vegan Sausage Casserole**    
Served with Two Vegetables

**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Oat Cookie served with Fruit Slices** 

WEDNESDAY



**Roast Chicken**  
Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy

**Vegetable Pie**   
Served with Mashed Potato, Two Vegetables and Gravy



**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Chocolate Ice Cream**

THURSDAY

**Beef Bolognese**    
Served with Wholemeal Pasta and Two Vegetables

**Chinese Vegetable Rice**   
Served with Two Vegetables





**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Vanilla Ice Cream Milkshake served with Shortbread**

THURSDAY

**Keralan Chicken Curry**    
Served with Wholegrain Rice and Two Vegetables

**Cauliflower and Sweet Potato Masala**     
Served with Wholegrain Rice and Two Vegetables

**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Strawberry Milkshake served with Fresh Fruit** 

FRIDAY

**Breaded Fish**  
Served with Chips and Two Vegetables

**Quorn Dippers**   
Served with Chips and Two Vegetables

**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Pineapple Upside Down Cake**

FRIDAY

**Breaded Fish**  
Served with Chips and Two Vegetables

**Quorn Dippers**   
Served with Chips and Two Vegetables

**Jacket Potatoes**    
with a choice of hot and cold fillings  
**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Peach Slice**

### AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available